

# Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer’s disease and related dementias, their caregivers, and families in Los Angeles County.

## News and Updates

- **Upcoming Event!** Cedars-Sinai, in partnership with HBLA, is hosting a Brain Health and Longevity Event with a focus on Asian Americans at the Torrance Medical Center. [Learn more about the event here.](#)
- **New!** The UCLA Alzheimer’s and Dementia Care program in partnership with the Alzheimer’s Association is hosting an Alzheimer’s and Dementia Care ECHO series starting on April 23, 2025. The series is free, offering up to 12 CMEs. If interested, email Rachel Goldberger at [rbgoldberger@alz.org](mailto:rbgoldberger@alz.org). [Learn more here.](#)
- **New!** The University of California San Francisco’s Caregivers As Partners in Care Teams (CAP-CT) is offering a free one-hour self-paced training course for interprofessional primary care team to identify, engage, and support caregivers. CAP-CT is a nationwide initiative that equips health care teams with the skills and confidence to involve family caregivers in patient care. [Learn more here.](#)

## Funding Opportunities

### ALZHEIMER’S ASSOCIATION: HEALTHY BRAIN INITIATIVE (HBI) ROAD MAP CHAMPIONS

**Deadline: February 21, 2025**

The HBI Road Map Champions Program is designed to support tribally led health programs and urban Indian organizations in implementing public health strategies on brain health, caregiving, and dementia in their community. Ten programs will be awarded, with the participation period running from March to December 2025.

### HILARITY FOR CHARITY: DEMENTIA HOME CARE GRANTS FOR CAREGIVERS

**Deadline: Rolling Basis**

Hilarity for Charity Alzheimer’s and Dementia Care Grants offer exceptional home care to families affected by this disease, and to give these families the support and much-needed respite. These grants are for respite care hours, there is no cash value.



## Trainings and Webinars

- |   |   |
|---|---|
| <b>Feb 19</b><br><i>1 PM PST</i>          | <b>UCLA ADC Program:</b> Better Caregiving for All Webinar Series: Spouse Caregivers of Persons Living with Dementia. <a href="#">Register Now.</a>               |
| <b>Feb 19 - Jun 18</b><br><i>1 PM PST</i> | <b>Caring for Caregivers (C4C) Model:</b> Monthly Virtual Learning Communities on C4C & GUIDE models’ caregiver support strategies. <a href="#">Register Now.</a> |
| <b>Mar 4</b><br><i>11 AM PST</i>          | <b>Justice in Aging:</b> Medi-Cal HCBS: Why Medi-Cal is Critical in Older Adults. <a href="#">Register Now.</a>   |
| <b>Mar 12</b><br><i>12 PM PST</i>         | <b>DCA/Alz Association:</b> Live Cognitive Health Assessment Basics Live Training. <a href="#">Register Now.</a>  |



## Community Events

Get involved! Promote these events to your network.

- |  |   |
|--|---|
| <b>Feb 19</b><br><i>5:30 PM - 8 PM PST</i> | <b>Cedars-Sinai/HBLA:</b> AAPI Brain Health and Longevity Event. In-person event at Torrance Memorial Medical Center: 3315 Medical Center Drive, Torrance, CA 90505. <a href="#">Learn more.</a>    |
| <b>Feb 20</b><br><i>10 AM PST</i>          | <b>Alzheimer’s LA:</b> Lost Memories Season 1. In-person event at Cerritos Senior Center: 12340 South St, Cerritos, CA, 90703. <a href="#">Register Now.</a>  |
| <b>Feb 21</b><br><i>1 PM PST</i>           | <b>Alzheimer’s LA:</b> Caring for those with Alzheimer’s: African American Voices. In-person event at Mark Twain Library: 9261 S. Figueroa St, Los Angeles CA, 90003. <a href="#">Register Now.</a> |
| <b>Feb 26</b><br><i>5 PM PST</i>           | <b>Alzheimer’s LA:</b> PJ’s Unforgettable Pies: An Alzheimer’s Love Story. Virtual. <a href="#">Register Now.</a>   |

## In the Spotlight - Expanding Comprehensive Dementia Care

The John A. Hartford Foundation awarded two grants to support a partnership between the Education Development Center (EDC), the University of California, Los Angeles (UCLA), and the Benjamin Rose Institute on Aging to engage GUIDE participants and non-GUIDE programs in expanding evidence-based comprehensive dementia care. This project titled “[Expanding Evidence-Based Comprehensive Dementia Care](#)” will contribute to the work being done through the National Dementia Care Collaborative (NDCC).

The project aims to help GUIDE participants succeed and thereby provide evidence for establishing GUIDE-model care as a permanent Medicare benefit. It will also create pathways to extend evidence-based dementia care to Medicare Advantage beneficiaries through adoption of established models and further support national dissemination of evidence-based dementia care.

[Visit the National Dementia Care Collaborative to learn more.](#)

Share any success stories, achievements, or highlight ongoing initiatives to [healthybrainla@ph.lacounty.gov](mailto:healthybrainla@ph.lacounty.gov) to be featured in a spotlight.



## Featured Resources



### LEARNING MODULE NEW

[University of California San Francisco’s \(UCSF\) Caregivers as Partners in Care Teams offers a self-paced training to help primary care teams identify, engage, and support caregivers. Free CE/CME credits.](#)



### TOOLKIT

[Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment \(CHA\) implementation.](#)



### TOOLKIT

[American College Preventative Medicine \(ACPM\) developed a new toolkit, Community-Clinical Linkages to Promote Brain Health for Healthcare Providers.](#)



### COMMUNITY RESOURCE

[Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.](#)



### COMMUNITY RESOURCE

[California Department of Public Health’s ‘Take on Alzheimer’s’ Public Awareness Campaign.](#)



### LEARNING MODULE

[Dementia Care Aware’s self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.](#)



### Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to [healthybrainla@ph.lacounty.gov](mailto:healthybrainla@ph.lacounty.gov).

